

# RULES AND REGULATIONS

## « 2018 Toulouse Métropole 10 km road race »

### Article 1 - Organization

➤ The French Athletics Federation, in association with the Haute-Garonne Athletics departmental committee will organize, on October 21 2018, the Toulouse Métropole 10 km road race. The start and finish areas and the start time will be available on Toulouse Métropole International Marathon website.

### Article 2 - Courses and distances

➤ In accordance with the existing rules and regulations relative to road races, the 10 km race distance has been measured by an official federal referee in compliance with national standards (French Athletics Federation).

### Article 3 - Label

➤ The 2018 Toulouse Métropole 10 km road race has been entitled the « National » label by the French Athletics Federation.

### Article 4 - Entry

➤ The races are open to all athletes, licensed or not, born in 2003 and before (from 'cadet' category for the 10 km road race). The maximum number of participants will be set to 3,200 for the 10 km race.

*(It is explicitly stated that runners are participating to the competition under their own and exclusive responsibility.)*

- In accordance with applicable regulations, only the participants having one of the following documents will be accepted:
- a valid Athletics Competition, Enterprise or Running license or a Pass'Running, issued by the French Athletics Federation ;
  - a valid sports license issued by an affiliated federation only, confirming, by any means, they are medically fit to participate in competitive sports, athletics or running events ;
  - a valid license issued by the French Orienteering Federation, the French Modern Pentathlon Federation or the French Triathlon;
  - a medical certificate (or its copy) confirming they are medically fit to participate in competitive sports, athletics or running events, written within the year before the event.
- We won't accept any other document to confirm the participants' medical certificate possession.
- Under-age participants must provide a parental consent for the day of the event.

Foreign participants must provide a medical certificate confirming they are medically fit to participate in competitive sports, athletics or running events. This certificate must be written in French or must be provided with its French translation attached.

- Participant must register online and pay the entry fees by credit card, on Toulouse Métropole Marathon website.
- 2018 entry fees

First 300 bibs: 13 € / participant  
Next 1,100 bibs: 16 € / participant  
Last 1,000 bibs: 19 € / participant

- **We won't accept any entry form after October 16 2018 (midnight) or after the available bibs stocks run out.**

Any entry file will be considered incomplete if the following elements are missing:

- Entry fees;
- Medical certificate confirming runners are « medically fit to participate in competitive sports, athletics or running events », written within the year before the event or a copy of their valid sports licenses;
- Parental consent for under-age participants, for day of the event;
- Acceptance of these rules and regulations (box to check on our website). Applicants with incomplete files can't register to the race as soon as they have not provided all the missing information to the Organizing Committee. The deadline has been set to **October 16 2018 (midnight)**.

Participants are allowed to wear Camelbaks or hydration packs, unless instructed otherwise by the Administrative Center.

A « wave start » system will be applied, the details of which are available on Toulouse Métropole International Marathon website.

### Article 5 - Commitment

- Any commitment must be personal, firm and definitive, and can't be refunded for any reason. Entry transferring is not allowed

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under any circumstance. Any participant transferring his/her bib to a third person will be responsible for any accident involving this third person during the race. The Organizing Committee won't accept any responsibility for any accident in such situation. Bibs must be fully and clearly visible during the entire race duration.

- The individual financial contribution asked to participants is set by the Organizing Committee.

### **Article 6 – Bib pick up procedure**

➤ A bib will be assigned to each runner, upon presentation of an identity document. Bibs can be picked up at the Marathon Village, during the two days prior to the race.

- **No bib will be sent by mail** and no bib will be given the day of the event.
- Only the runners having a bib given by the Organizing Committee will be allowed to start the race.

### **Article 7- Federal rules**

➤ The French Athletics Federation established and appointed a jury consisting of umpires and race officials, who will take any decision according to the applicable federal rules and regulations during the event.

- Refreshment and feed stations will be staggered along the course at the beginning of kilometer 3.
- Runners can also eat at the finish area, in a dedicated area.

### **Article 8 – Timing and scoring procedures**

➤ Runners will have 1h30 to cross the finish line of the 10 km road race. If runners don't complete the entire race course within this period of time, they will not be recorded in the official race results. After the course closure vehicle passed, roads begin to reopen to vehicular traffic and the remaining runners accept to be on their own and not under the responsibility of the Organizing Committee.

➤ A timing tag is directly embedded to the bibs. It is important runners wear their bibs correctly (bibs must be visible, not bent and attached on the front of their running jersey with 4 safety pins), in order to be recognized as completing the race and receiving an official finish time.

➤ Runners will have to pass the start, finish and intermediate time points in order to have their timing officially recognized. Furthermore, any participant not running on the entire race routes and marked race lanes won't be recognized as completing the race and receiving an official finish time.

➤ It is forbidden to get food/water by a third person: any runner taking food/water anywhere else than in the refreshment and the feed stations can be disqualified. However, runners can have their own food and water from the start of the race.

### **Article 9 – Prize money and premiums**

- Medal ceremonies will take place on-site after the end of the races.
- Prizes can't be combined and will be sent by mail only after the anti-doping control results.

### **Article 10 – Disabled sport**

➤ For security and safety reasons, the 10 km road race is not open to disabled runners using wheelchairs or Joelettes. For the other categories, a ranking will be established according to the categories recognized by the French Paraspports Federation.

➤ Escorting of athletes in any kind of vehicle (bicycle or motorized vehicles) is strictly forbidden on the race route. However, the presence of accompanying persons is allowed if they are running.

### **Article 11 – Health & road safety services**

➤ The medical and emergency services of the race can decide to withdraw a runner from the race due to medical reasons. Any withdrawn runner not following medical advice and will be responsible of any accident during the race. Road safety will be ensured by the road indicators and service orders (police officers...).

### **Article 12 - Circulation courses**

➤ It is strictly forbidden for bicycles, machines with wheels or motorized, strollers, followers or accompanying persons other than the accredited vehicles (organizing committee, health and emergency vehicles) to move along the race route. Any runner assisted by one of the mentioned means can be subject to disqualification or withdrawal from the race.

### **Article 13 – Sustainable development environmental compliance**

- Toulouse Métropole is involved in the creation and the development of a plan of action related to climate and regional

energy saving, but is also concerned about the application of its public policies on its own fields of competences: transportations, energy, garbage and water management, social inclusion... That's why the Athletics French Federation wants the 10 km road race to be an event that is human and environmentally friendly. Therefore, some twenty actions have been set up in order to provide an effective solution to sustainable environment issues.

- Participants are kindly asked to observe the instructions they will receive.

#### **Article 14 - Insurances**

➤ **Civil liability:** According to law, the Organizing Committee purchased an insurance covering the consequences of its civil liability, of its officials (paid or not), the liability of all the participants of the Toulouse Métropole 10 km road race, but also the umpires and race officials in the exercise of their professional activity. Licensed or non-licensed participants are considered third parties among themselves.

A written copy can be provided to any participant requesting it.

➤ **Personal accident insurance:** Participants know sports activities may include some risks. Participants, in particular non-licensed ones, are strongly advised to purchase in advance a personal accident insurance and to check the warranty coverage is adapted enough to their specific needs.

➤ **Property damage:** The Organizing Committee is not responsible for any damage (theft, breakage, loss...) on participants' personal property, even if such property has been entrusted to the Organizing Committee. Participants won't have any right of recourse against the French Athletics Federation for any damage caused to their equipment. It is recommended to participants to purchase an insurance covering these eventualities.

#### **Article 15 – Image reproduction rights**

➤ All participants give the French Athletics Federation and Toulouse Métropole (or its beneficiaries) the right to use or have used, reproduce or have reproduced their names, images, voices and performances as part of the race in order to use them, in their original or derived forms, on any media and at international level, through any known or unknown means, for any use, including for publicity and promotional purposes and for a period of five years.

➤ Each participant expressly and irrevocably authorizes the Organizing Committee, its beneficiaries and successors, in order to meet the promotional/marketing campaign requirements:

- To modify, join, delete any element they will consider necessary to be used under the conditions defined above ;
- To associate/link to their image any sign, catcher, slogan, capture, brand, distinctive mark, legal notice, image and more generally, any element decided by the Organizing Committee intended to illustrate the communication media in which they will be implemented.

#### **Article 16 – French Data Protection Authority**

➤ The Organizing Committee shall respect the confidentiality of personal data and information that were communicated by the User, and shall process such data in compliance with the Data Protection Act of January 6<sup>th</sup>, 1978.

➤ Each participant expressly agrees to see his/her personal data (name, first name, date of birth and license number if any) and ranking being published on the event and the French Athletics Federation websites.

➤ According to the Data Protection Act of January 6<sup>th</sup>, 1978, anyone can have access to his personal information, and if applicable, have them corrected or deleted by requesting it to the Organizing Committee ([cil@athle.fr](mailto:cil@athle.fr)). Such information is reserved for the use of the French Athletics Federation and Toulouse Métropole.

➤ The processing of the collected data has been declared to the French Data Protection Authority.

#### **Article 17 – Acceptance of rules and regulations**

➤ Entry in the Toulouse Métropole 10 km road race implies express and full acceptance from any participant of these rules and regulations, for which he shall pledge on his honor not to precede the start of the race and to complete the entire planned distance before crossing the finish line.

➤ For any unresolved dispute about these rules and regulations, the French Athletics Federation rules and regulations shall prevail.

➤ **Each participant shall accept these rules and regulations by ticking the corresponding box on the entry form or on our internal website**